

Colorado Trauma Network Injury Prevention Resource Guide



This resource guide was developed by the Colorado Trauma Network subcommittee for injury prevention professionals to help identify local programs and contacts. We aim to provide accurate and up-to-date information, but please note that this guide is continually evolving. If you have any questions, suggestions, or need further information, feel free to reach out to us at Laurie.Lovedale@UCHealth.org or Mindie.Ottke@AdventHealth.com.

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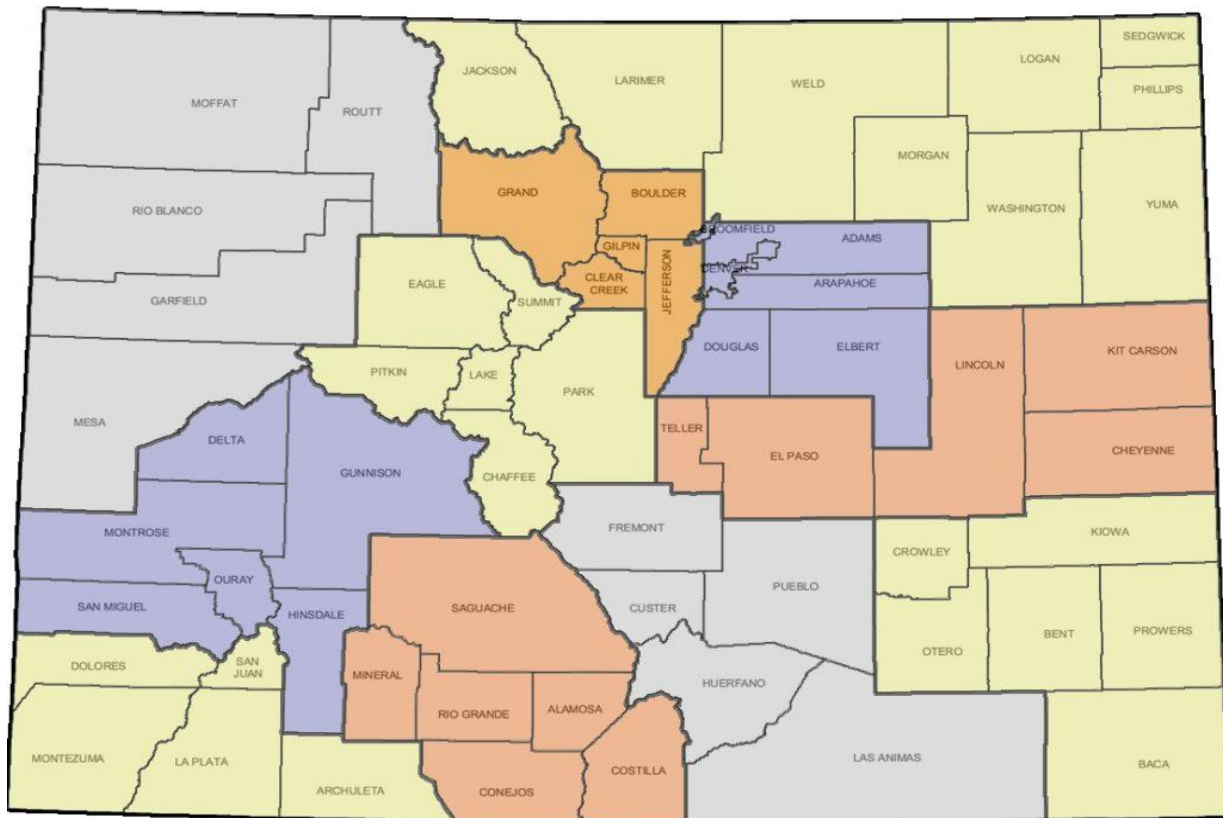
Introduction

The Colorado Trauma Network (CTN) is a statewide network of Trauma professionals dedicated to trauma care, prevention, and education. The mission of the CTN is to promote the optimal care of the injured patient in Colorado through injury prevention, education, and participation in the statewide trauma system. Within the CTN structure is the injury prevention sub-committee, which is made up of Injury Prevention Professionals from Trauma Centers across Colorado. The injury prevention sub-committee works together to provide strategic and innovative approaches to reducing and eliminating trauma and injuries.

Regional Emergency Medical and Trauma Services Advisory Councils (RETACS)

RETAC is a group that provides guidance and oversight for EMS and trauma care within a specific geographic area. These councils typically include representatives from various stakeholders, such as hospitals, EMS providers, public health officials, and community organizations. Overall, REMTACs play a critical role in enhancing the efficiency and effectiveness of emergency care systems, ultimately improving patient outcomes.

[Regional Emergency Medical and Trauma Services Advisory Councils | Department of Public Health & Environment \(colorado.gov\)](#)



Adult Fall Prevention

Stepping On

Stepping On is an evidence-based falls prevention program that aims to reduce falls, increase confidence, and give people the tools to remain active, safe, and independent within their community. Stepping On provides older adults with information, strategies, and exercises to reduce falls and increase self-assurance in situations where there is a higher risk of falling. Topics include simple and fun balance and strength exercises, vision and falls, how medications can contribute to falls, home safety, and safe footwear.

- Audience: 60 years or older, has had a fall in the past year or fearful of falling, lives at home, does not have dementia
- Format(s): In-person in small groups led by trained facilitator(s)
- Length: 2 hour class for 7 weeks
- Location(s): Statewide
- Contact(s): Alison Weston – alison.weston@uchealth.org

Matter of Balance

The objective of this course is to increase activity levels, encourage small changes to reduce fall risks at home, and facilitate ways to exercise to increase strength and balance.

- Audience: Community dwelling older adults who are ambulatory, able to problem-solve, concerned about falls, and interested in improving flexibility, balance, and strength
- Format(s): In-person in groups of 8-12 participants led by trained coaches
- Length: 2 hour classes for 8 weeks
- Location(s): Statewide
- Contact(s): Grace Greathouse – grace.dobbertin@imail.org

Tai Chi for Arthritis and Falls Prevention

An evidence-based program that is specially designed for arthritis and falls prevention. A certified instructor takes participants through the 21 forms which improve balance by strengthening muscles and coordination while also strengthening the mind. This improves

calmness and confidence in the ability not to fall. The program is recommended by the Centers for Disease Control.

- Audience: Adults with or without arthritis, rheumatic diseases, or related musculoskeletal conditions
- Format(s): Virtual or in-person in community led by certified Tai Chi for Health institute Instructor
- Length: 1 hour class per week for 16 weeks or 2 hour class per week for 8 weeks
- Location(s): Statewide
- Contact(s): Christina.tennant@commonspirit.org

ThinkFirst to Prevent Falls

This course is designed to raise awareness and educate participants about fall prevention strategies. This program emphasizes the importance of understanding risk factors associated with falls and offers practical solutions to mitigate these risks. Participants will learn about balance and mobility exercises, home safety assessments, and the use of assistive devices. The course also addresses lifestyle choices that can enhance strength and stability, such as nutrition and physical activity. Through engaging discussions and hands-on activities, attendees will develop a personalized fall prevention plan, empowering them to take proactive steps toward maintaining their independence and safety in daily life.

- Audience: Older adults
- Format(s): In-person
- Length: 1 hour or 2.5 hour classes available
- Location(s): Statewide
- Contact(s): Christina.tennant@commonspirit.org or Grace Greathouse - grace.dobbertin@imail.org

Aging with Independence and Mobility (AIM)

This course is designed to equip participants with the knowledge and skills necessary to maintain independence and mobility as they age. This course covers key topics such as understanding the aging process, managing chronic conditions, and implementing strategies for safe mobility. Participants will explore exercises and activities that promote strength, balance, and flexibility, as

well as learn about assistive devices and environmental modifications that enhance safety at home and in the community. Through interactive discussions and practical applications, attendees will gain tools to foster a healthier, more active lifestyle, ultimately empowering them to age gracefully and confidently while preserving their independence.

Audience: Adults 50 years and older
Format(s): Virtual, in-person, or on-the-road
Length: 1 hour class per week for 4 weeks
Location(s): In-person courses available in El Paso & Teller counties
Contact(s): InjuryPrevention@UCHealth.org

Child Passenger Safety (Car Seats)

Car Seat Education and Distribution Program

Car seats provided to families in financial need after attending a one-hour class or one-on-one appointment teaching them how to use it. There may be a required low-cost payment or donation requested.

Audience: Low-income parents
Format(s): In-person
Length: 1 hour
Location(s): El Paso County; Larimer County; Weld County; Arapahoe County; Eagle County
Contacts(s): El Paso County – Amanda Abramczyk-Thill - Amanda.Abramczyk-Thill@childrenscolorado.org safekidscoloradosprings@childrenscolorado.org
Larimer County – Alison Weston – alison.weston@uchealth.org
Arapahoe County – Children’s Hospital Colorado – Britney Lombard – Britney.lombard@childrenscolorado.org
Eagle County – Kim Greene – greeneg@vailhealth.org

Car Seat Inspection Stations and Technicians

If you need assistance with installing a car seat or want to make sure a car seat is installed appropriately, certified technicians are available to assist you.

Audience: Parents & Caregivers

Format(s): In-person

Length: 30 minutes to 1 hour

Location(s): [Car Seat & Booster Seat Safety, Ratings, Guidelines | NHTSA](#)
[SafeKids.org/certification](#)
<https://www.codot.gov/safety/carseats>

Contact(s): Amanda Abramczyk-Thill - Amanda.Abramczyk-Thill@childrenscolorado.org

Child Passenger Safety Presentations

This can be a short awareness briefing or longer presentation with the option of including a hands-on portion to educate parents, caregivers, and team members who transport children on how child restraint systems keep children safer in motor vehicles. It covers correct selection, installation and harnessing for children and youth in car seats, booster seats, and seat belts.

Audience: Parents, caregivers, and organizations that transport children

Format(s): In-Person

Length: 30 minutes – 2 hours

Location(s): El Paso County; Teller County; Eagle County; Larimer County; Weld County; St. Francis Medical Center

Contact(s): Chris Simosky – hstapestry@msn.com

Hospital Car Seat Safety (In-Patient Only)

Some hospitals may offer child passenger safety programs for their patients. These programs may include one or more of the following: loaner seats for their pediatric patients who have temporary needs requiring the use of a specialized car seat for a limited time; car beds or car

seats for hip Spica casts or replacement in emergency situations; one-on-one consultations with new families to assist them with installation of the car seat and harnessing their newborn; training of NICU staff on the car seat tolerance screening process.

Audience: New parents

Format(s): In-person

Length: Varies by program

Location(s): Larimer County, Colorado Springs, Eagle County, Aurora

Contact(s): Clare Decker – clarice.decker@childrenscolorado.org

Teen Driving Safety

ThinkFirst for Parents of Teen Drivers

An evidence-based program offered to parents of teen drivers. We also invite their teen to join in for maximum benefit. ThinkFirst for Parents of Teen Drivers, is a new 90-minute program, in partnership with General Motors and Honda funding. The ThinkFirst for Parents of Teen Drivers program is offered at no cost. Parents make the first impact on their teen drivers and are the number one influencer for Graduated Driver Licensing (GDL) law adherence.

Audience: Parents and teens

Format(s): Online or in-Person

Length: Varies

Location(s): Statewide

Contact(s): Kim Greene – greenek@vailhealth.org

Impact Teen Drivers

A free program for teachers, safety educators, law enforcement, students, and concerned citizens to implement in their communities aimed at reducing these preventable deaths. It is high-energy and interactive bringing the facts about reckless and distracted driving to teens using innovative videos, materials, and curriculum and encourages teens to take the lead in peer-to-peer messaging.

Audience: Teens

Format(s): In-person in schools
Length: 1 hour + contests
Location(s): Statewide
Contact(s): Charles Williams – Charles.Williams@HCAHealthone.com

Choose S.A.F.E.

A safe driving program designed for high schools and their students aims to raise awareness and reduce the incidence of injuries and fatalities related to teen motor vehicle crashes. We are partnering with law enforcement agencies, emergency medical services, insurance companies, driving schools, and various civic organizations to provide resources and support, ensuring the success of your safe driving initiative.

Audience: Teens
Format(s): Varies
Length: Varies
Location(s): Statewide
Contact(s): Christy Tennant – christina.tennant@commonspirit.org
Mindie Ottke – mindie.ottke@adventhealth.com

Pedal Cart Course Education Program

Schedule a group to complete a course while driving pedal carts. The courses can focus on impairments, distractions, and/or safe driving practices. This activity is best done in small groups (20-30 students). A presentation on the carts and course(s) are provided to students prior to participating.

Audience: Teens & young adults
Format(s): In-person
Length: 1-2 hours
Location(s): Statewide
SADD-Caitlyn Libby – clibby@sadd.org

Stephanie Smith Raby – Stephanie.smithraby@commonspirit.org

Mindy Ottke – mindie.ottke@adventhealth.com

Prevent Alcohol and Risk-related Trauma in Youth (PARTY Program)

The program's goal is to provide information about traumatic injury that will enable students to recognize potential injury-producing situations, make safer choices, and adopt behaviors that reduce risk.

P.A.R.T.Y. on the road is a modified version of the hospital program that can be brought to schools. Students interact with a team of health care professionals and emergency responders who show the real-life impact of poor decisions.

Audience: Teens and young adults
Format(s): In-person at the hospital or on-the-road at the school
Length: 2-5 hours
Location(s): Statewide
Contact(s): Laurie Lovedale – Laurie.Lovedale@UCHealth.org

Trauma Injury Prevention for Schools (TIPS)

This program covers a variety of topics to educate youth, including healthy eating and behaviors, substance use, trauma (both accidental and non-accidental), emergency recognition, and self-advocacy. We offer three levels of programming, each designed for specific age groups and timeframes, along with alignment to relevant state education curriculum standards.

TIPS I

Hands-on, interactive lessons that immerse students in the experiences of emergency and operating rooms, highlighting human systems, positive behaviors, and decision-making. It aligns with state curriculum standards for critical thinking, creativity, self-direction, cultural awareness, time management, and self-advocacy.

Audience: Grades 5-7
Format(s): In-person at school
Length: 2 hours and 15 minutes

Location(s): El Paso, Douglas and Pueblo Counties

Contact(s): InjuryPrevention@UCHealth.org

TIPS II

Students learn to recognize and respond to emergencies, including how to control life-threatening bleeding. They engage in interactive scenarios that incorporate hands-on skills practice. This program aligns with state curriculum standards for recognition, safety concerns, and time management.

Audience: Grade 7 and above

Format(s): In-person at the school or at our location

Length: 75 minutes

Location(s): El Paso County

Contact(s): InjuryPrevention@UCHealth.org

TIPS III

As students follow the various stages of a trauma emergency, they learn about the consequences of personal choices and gain insight into the daily lives of first responders and emergency and operating room staff. This program aligns with state curriculum standards for self-direction, time management, and self-advocacy.

Audience: Grade 9 and above

Format(s): In-person at the school or at our location

Length: 2 hours and 15 minutes

Location(s): El Paso County

Contact(s): InjuryPrevention@UCHealth.org

Teens in the Driver Seat

A peer-to-peer program where teenagers directly develop and deliver driving safety messages. The goal is to raise awareness of the top driving dangers for teens and prevent crashes involving young drivers. The program empowers teens to spread the word among their peers about deadly driving risks and encourage them to make smart choices while behind the wheel and as passengers.

Audience: Teens
Format(s): In-person
Length: Year-long peer to peer program
Location(s): Statewide
Contact(s): Gabriella Kolodzy – g-kolodzy@tti.tamu.edu
San Luis Valley – Moe Castillas – mcasias@alamosacounty.org
Kirsten Logan – kirsten.logan@alamosacounty.org

Adult Vehicle and Driving Safety

Just Drive

This is a free class delivered by safety experts to businesses and organizations as part of employee safety and wellness programs, or to teenagers and other adults as part of their education on driving safety. Individuals will learn risks associated with driving distracted, consequences distracted driving can have on one's life emotionally, physically, and financially, practical strategies for reducing distracted driving habits and influencing others, and distracted driving laws in Colorado.

Audience: All ages
Format(s): In-person
Length: 1 hour
Location(s): Statewide
Contact(s): Laurie Lovedale – Laurie.Lovedale@UCHealth.org

CarFit

This is a community-based program designed to help older adults ensure their vehicles are properly adjusted for safety and comfort. The course provides participants with a hands-on assessment of their vehicle, focusing on the optimal fit of the driver to the car. Trained volunteers guide participants through a series of checks, including seat position, mirror alignment, and the use of safety devices like seat belts. Additionally, CarFit offers information on resources and adaptations that can enhance driving safety. The goal of the program is to promote confidence and independence in older drivers while addressing their specific needs for

safe driving.

www.car-fit.org

Audience: Older adults

Format(s): In-person/interactive with vehicle in parking lot or virtual/on-demand

Length: 20 minutes to 1 hour

Location(s): Statewide

Contact(s): Grace Greathouse – grace.greathouse@imail.org

Alison Weston – alison.weston@uchealth.org

Grand Junction – Vee Edstrom – vee.edstrom@imail.org

Colorado Springs – InjuryPrevention@UCHealth.org

**To become a CarFit technician, please visit <https://www.fitnessdrive.org/>

Fitness to Drive

Fitness to Drive promotes driver safety through occupational therapy evaluation and training. New driver readiness (including neuro-divergence), adult and older driver adaptations and medical return to driving evaluations.

[Empowering Driver Safety | Fitness to Drive](#)

Audience: Rehabilitation patients, adults, new drivers

Format(s): Clinical assessment, behind the wheel assessment, consultation

Length: Varies

Location(s): Colorado Springs, Denver Metro, Ft. Collins

Contact(s): Terri Cassidy – terri@fitnessdrive.org

Motorcycle and Rider Safety

Motorcycle Operator Safety Training (CDOT)

This course is designed to enhance the skills and safety of motorcyclists. The program offers a range of courses, including basic and advanced training, focusing on essential riding techniques, risk management, and safe riding practices. Participants receive hands-on instruction from certified trainers in a controlled environment, allowing them to build confidence and improve

their riding abilities. The training aims to reduce motorcycle crashes and promote responsible riding, ultimately ensuring safer roads for all users.

Audience: Beginner motorcycle operators
Format(s): Blended classroom and training on a motorcycle course
Length: 3 days
Location(s): Statewide
Contact(s): Website - Comost.com

E-Bikes Safety

This one-hour session covers the different types of electric bikes, and highlights local rules and regulations that riders must follow. The program also emphasizes the importance of helmet safety and provides students with essential knowledge for protecting themselves while riding. To make learning more engaging, an interactive Jeopardy-style game allows students to test their understanding in a fun, competitive environment. Helmets and lights are also distributed to those in need, ensuring that every student leaves with the proper equipment to ride safely and confidently

Students in grades 4- 12

Audience:
Format(s): In-person
Length: 1 hour
Location(s): Avon and Edwards
Contact(s): Kim Greene – greeneg@vailhealth.org

Pedestrian Safety

Pedestrian Safety Obstacle Course

The pedestrian safety obstacle course can be used to teach elementary school children about walking while staying alert and aware and following the safe rules for pedestrians.

Audience: Elementary school children
Format(s): Indoor/Outdoor obstacle course

Length: 1 hour or more
Location(s): El Paso County
Contact(s): safekidscoloradosprings@childrenscolorado.org

Bicycle Safety

Bike and Helmet Safety

This learning event can include a brief presentation or bike safety obstacle course to share the importance of wearing a helmet during all wheeled activities, how helmets protect our brains, and how to properly wear one every ride, every time.

Audience: Children
Format(s): In-person
Length: 30 minutes or longer, depending on venue
Location(s): Colorado Springs; Summit County;
Contact(s): Colorado Springs – Kids on Bikes – Amanda Abramczyk-Thill - Amanda.Abramczyk-Thill@childrenscolorado.org Emily Shields emily@kidsonbikes.net
Clare Decker – clarice.decker@childrenscolorado.org

ThinkFirst for Kids, Youth, & Teens

Through interactive lessons and engaging activities, participants learn about topics such as helmet safety, the dangers of distracted driving, and the importance of using seat belts. By fostering critical thinking and promoting responsible decision-making, ThinkFirst aims to reduce injuries and empower young people to take charge of their safety.

Audience: Children and teens
Format(s): In-person, classroom
Length: Varies
Location(s): Statewide
Contact(s): Kim Greene – greeneg@vailhealth.org

Bicycle and Helmet Safety Programs

Interactive presentation focuses on helmet and bicycle safety. Teachers receive free helmet coupons to distribute to students in need, which can be redeemed at helmet fitting stations, including Bike Co-op, fire stations, and school district locations. This can include support of an existing bike rodeo, awareness or talking about safe biking and wheeled activity practices in classrooms or beyond. Helmets may be available for distribution depending on the number of students and the amount of advanced notice. The program aligns with state curriculum standards for third grade.

Audience: Students
Format(s): In-person
Length: 45 minutes – 1 hour
Location(s): El Paso County
Contact: safekidscoloradosprings@childrenscolorado.org

Skier Safety

Know the Code

Skier safety program that focuses on educating children in the community about safe skiing and snowboarding practices. In collaboration with Beaver Creek and Vail Mountains, staff conduct helmet observations and on-mountain awareness events to promote safety. These events teach kids the importance of wearing proper gear, staying in control, and being aware of their surroundings while enjoying winter sports.

Audience: Elementary and middle school
Format(s): In-person
Length: 45 minutes
Location(s): Summit County
Contact(s): Kim Greene – greene@vailhealth.org

Firearm Safety

Be SMART

The Be SMART framework is designed to help parents and adults normalize conversations about gun safety and take responsible actions that can prevent child gun deaths and injuries.

www.besmartforkids.org

Audience: Children and families

Other Resources

Juvenile Gun Safety – <https://www.larimer.gov/cja/juvenile-gun-safety>

Moms Demand Action – [Moms Demand Action | Moms Demand Action](#)

Everytown – <https://www.everytown.org/>

Injury and Violence Prevention Center

Injury and Violence Prevention Center (IVPC) is a collaborative initiative of the Colorado School of Public Health and the University of Colorado School of Medicine. Through research, training, and prevention, the IVPC facilitates scientific discovery and evidence-based practices that increase safety, reduce injury and violence, and improve injury outcomes. They aim to prevent and reduce injury and its outcomes in Colorado, the region, and throughout the world as a function of high-quality research and effective practice. They focus on 4 main areas:

- Research – conduct cutting-edge research on injury and violence prevention
- Research to Practice – conduct high-quality injury and violence prevention activities with their partners
- Training – train researchers and public health professionals in injury and violence prevention
- Policy Translation – work to improve national, state, and local policies addressing injury and violence prevention

[Injury & Violence Prevention Center | Colorado School of Public Health](#)

Contact(s): Dr. Ashley Brooks-Russell – Emergency.Medicine@cuanschutz.edu

Mental Health and Wellbeing Safety

Mental Health First Aid

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use-related crisis. In the Mental Health First Aid course, you learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help.

www.mentalhealthfirstaid.org

Audience(s): Adults
Format(s): Virtual and In-Person
Length: 6-8 hours
Location(s): Statewide
Contact(s): David Galvan – galvan.davidj@gmail.com

QPR Program (Question-Persuade-Refer) Suicide Prevention

One-hour interactive training for individuals or organizations. QPR is listed in the National Registry of Evidence-Based Practices (NREBP) through the Substance Abuse and Mental Health Services Administration (SAMHSA).

Key components covered in training include; how to question, persuade and refer someone who may be suicidal; the common causes of suicidal behavior; the warning signs of suicide; how to get help for someone in crisis.

[QPR Institute | Practical and Proven Suicide Prevention Training QPR Institute \(en-US\)](#)

Audience: Adults
Format(s): Virtual or in person
Length: 1 hour
Location(s): Statewide
Contact(s): Conlin Bass – conlin.bass@state.co.us

[QPR Institute | Practical and Proven Suicide Prevention Training QPR Institute \(en-US\)](#)

At-Risk Intervention and Mentoring Program (AIM)

A hospital-based violence intervention program (HVIP) that uses practices from the National Network of Hospital-based Violence Intervention Programs (NNHVIP), trauma-informed care and a public health approach that utilizes data and research to interrupt the cycle of violence among Denver and Aurora's at-risk youth and young adults.

Audience: Patients suffering from an intentional violent act
Format(s): Bedside visit
Length: 1 full year, requires employees full time, National model, grant funds
Location(s): University of Colorado Hospital, Denver Health, Children's Hospital (Aurora)
Contact(s): Laurie Lovedale – Laurie.Lovedale@UCHealth.org

Other Resources

Imagine Zero Coalition, Larimer County – <https://imaginezerosuicide.org>

Suicide Prevention Trainings-Adult Education – <https://allianceforsuicideprevention.org/education-programs/adult-education/>

North Range Behavioral Health – <https://northrange.org/community-support/workplace-employer-education-support/>

Infant and Child Maltreatment Prevention

Crying Happens. What's Your Plan?

The aim of this program is to educate parents and caregivers on what shaken baby syndrome is, what are the risks of shaking a baby, and how to make a plan for themselves and speak with others about the dangers and ways to be prepared to prevent this before crying even starts. This is a 45-minute virtual class with the option for an extended in-person presentation that would incorporate the Crystal Clear Reality Works Shaken Baby Doll.

Audience: Parents and caregivers
Format(s): Virtual with option for in-person
Length: 45 minutes
Location(s): El Paso County for in-person; statewide for virtual

Contact(s): Amanda Abramczuk-Thill – amanda.abramczuk-thill@childrenscolorado.org

Home Safety

Home Safety, Home Alone Safety and Infant Safe Sleep

This can be an in-person or virtual presentation for parents and caregivers, or an in-person activity using an interactive home safety tent to ‘walk through’ the rooms of a home, identify risks and talk through ways to reduce preventable injury risks for children.

Audience: Parents and caregivers

Format(s): Virtual with option for in-person

Length: 2 hours or more

Location(s): El Paso County

Contact(s): Safe Kids Colorado Springs – safekidscoloradosprings@childrenscolorado.org

Sports Safety

Heads Up

The National Federation of State High School Associations (NFHS) teamed up with CDC’s HEADS UP to educate coaches, officials, parents, and students on the importance of proper concussion recognition and management in high school sports. Certification required for coaches in Colorado.

Learn the impact of sports-related concussion on athletes, how to recognize a suspected concussion, and protocols to manage a suspected concussion with steps to help players return to play safely after a concussion. Each state’s requirements for concussion management are included as part of the course.

www.cdc.gov/headsup

Audience: Teachers, coaches, parents, athletes, sports officials

Format(s): Virtual or in-person

Length: Varies

Location(s): Statewide

Contact(s): www.cdc.gov/headsup

Equestrian Program

Offers guidance on horse safety, recognizes the signs and symptoms of a concussion, advises when to seek treatment, and provides education on equestrian helmets and proper helmet fitting.

Audience: Recommended for anyone 10 and older

Format(s): In-person course with presentation and helmet fitting

Length: 60 minutes

Location(s): AdventHealth Parker

Contact(s): Mindie Ottke – Mindie.Ottke@AdventHealth.com

First Aid Courses

Stop the Bleed

Provides the public with skills to apply direct pressure, pack a wound, and apply a tourniquet to save a life after uncontrolled, life-threatening bleeding. Uncontrolled bleeding is the number one cause of preventable death. Stop the Bleed originated after the Sandy Hook shooting and brought together the medical community, law enforcement and federal government to create a program to improve survivability from manmade or natural mass casualty events. It provides first responders and civilian bystanders with skills and basic tools to stop uncontrolled bleeding in an emergency.

Audience: Recommended for anyone over the age of 12

Format(s): Virtual interactive course

In-person course with presentation and hands-on skills practice

Length: 60-75 minutes

Location(s): Statewide www.stopthebleed.org (American College of Surgeons)

Contact(s): www.StopTheBleedCO.org

Trauma Survivors Network

The Trauma Survivors Network (TSN), a program of the American Trauma Society (ATS) is a community of patients and families like you who are looking to connect with one another and rebuild their lives after a life-altering injury. Joining this community can help ease the anxiety and frustration often experienced following a sudden injury and the resulting hospitalization.

www.traumasurvivorsnetwork.org

- Audience: All ages
- Format(s): Varies by hospital
- Length: Varies
- Location(s): Statewide
- Contact(s): Erin Hart – erin.hart@ucheath.org